



I'M BORED

JAR FOR KIDS

IF YOU'RE BORED AND
DON'T KNOW WHAT TO
DO, PICK AN ACTIVITY OUT
OF THE JAR, AND YOU'LL
GET YOUR CLUE!



**PLAY WITH
YOUR SIBLINGS**

**PLAY A BOARD
GAME**

DO A CRAFT

READ A JOKE BOOK

GO FOR A WALK

**WRITE YOUR OWN
BUCKET LIST**

**DO A SURPRISE
CHORE FOR MOM**

**ENJOY TIME
OUTSIDE**



**TRY A SCIENCE
EXPERIMENT**

DO A PAINTING



**MAKE UP YOUR
OWN JOKES**

STRETCH

WRITE A STORY

HAVE A PICNIC

PLAY I SPY

**PRACTICE YOUR
SIGNATURE**

**ORGANIZE YOUR
TOYS**

**MAKE UP A NEW
DANCE**



DO A PUZZLE

WRITE A LETTER



PLAY DRESS UP

**DO A WORD
SEARCH**

WRITE A STORY

HAVE A PICNIC

DO A WORKOUT

SING SOME SONGS

**MAKE A LIST OF
FAVORITE MOVIES**

**COLOR IN A
COLORING BOOK**



**LEARN A MUSICAL
INTRUMENT**

**VIDEO CHAT A
FRIEND**



